



Red Cross hosts first-ever Fashion Extravaganza



photo/JO3 Ricky Allen
Styles from several countries were represented at the show.

JO3 Ricky Allen
Rota Coastline

More than one thousand dollars was raised at the first Fashion Extravaganza, sponsored by the American Red Cross Saturday. The show, held at the Reflections grand ballroom, provided a variety of fashions ranging from maternity clothes, African, Japanese, and Moroccan clothes styles. There were also men's casual, semi-formal, and women's fashion wear displayed courtesy of the Navy Exchange.

The show was created in a way that not only would the audience see a variety of styles, but would have a

see **FASHION**, page 3



Seaview Pines restoration project nears completion

JO3 Ricky Allen
Rota Coastline

Seaview Pines Community Center is opening soon after six months of extensive remodeling.

The building has been remodeled inside out, and according to Celio Cedeno, project engineer for Rota's Resident Officer in Charge of Con-

tracts and Construction there is still a lot to be done to make sure that the community will get the best service the center can provide.

"We are totally remodeling the building. There are new areas such as a children's area, Bar-

see **SEAVIEW**, page 2

Thunderbirds arrive today for Saturday's air show

JOC Jon McMillan
Rota Coastline

The U.S. Air Force Thunderbirds are scheduled to fly into town this afternoon. The team is scheduled to arrive at 3 p.m. and will meet base representatives and media on the flightline.

The Thunderbirds will perform a practice air show tomorrow at 10 a.m. and representatives from the aerial acrobatic team will visit the DGF Elementary and High Schools from 1 to 2 p.m.

The Thunderbirds, along with the Spanish Patrulla Aguila aerial demonstration team, will perform at Rota's Air Show 2000 event Saturday.

The air show starts at 9 a.m. with a model airplane demonstration from the Bryan McDonald Rota Remote Control Flying Club. At 9:30 a.m., the Thunderbirds will perform their ground ceremony, followed by their aerial demonstration at 10 a.m.

The Spanish Navy will perform a special aerial demonstration that highlights the maneuverability and performance of their sea-based helicopters and the AV-8 Harrier.

The Spanish Air Force's Patrulla Aguila will perform at 1 p.m. Their show will last about one hour.

Guest passes were distributed this week to command representatives.

If more passes are required, a limited amount is available. Contact the base Public Affairs Office at 3786.



Air show to offer more than aerial acrobatics

In addition to the show in the air, there will be 11 aircraft on display at the air show. Two F-15 "Eagles", an AV-8 Harrier, three Spanish helicopters, a P-3 Orion and four cargo and passenger planes will be parked on the flightline apron. Various casetas will also be selling refreshments and gift items during the air show. Casetas close at 3 p.m.

>>>ROTA COASTLINE

INSIDE

U.S. Naval Station, Rota, Spain
www.rota.navy.mil

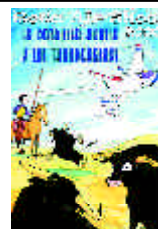
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WEATHER

This forecast was created on Tuesday. For the latest update, visit nemoc.navy.mil

TODAY	FRIDAY
Partly Cloudy High: 89 Low: 63	Partly Cloudy High: 89 Low: 62
SATURDAY	SUNDAY
Mostly Cloudy High: 87 Low: 63	Mostly Cloudy High: 87 Low: 63

Your community newspaper



THIS WEEK

Rota Air Show

Today: Thunderbirds arrive
Friday: T-bird practice show at 10 a.m.
Saturday: Air show from 9 a.m. to 3 p.m. with the Thunderbirds and Patrulla Aguila

It sure looks and feels like summer has arrived here in Southern Spain; that's great. It's shaping up to be a wonderful season filled with hopes and plans.

But I feel that it's time to pause for a few moments, count our blessings, and think about taking care of ourselves. What makes me feel this way is a sad story that I'll share with you concerning one of our shipmates whose summer plans were drastically changed recently, and not by his choosing.

A few weeks ago, ASAN George Palma (from AIMD Det Rota) and his buddy were travelling along one of our local roads off base when they lost control of the car.

Rumor has it that the car rolled a few times before coming to rest. According to the information I have they were wearing their seatbelts. Airman Palma's buddy seems to be OK... Airman Palma is not.

The good news is that he's still alive... the bad news is that he's paralyzed, at least from the waist down.

Thank goodness his parents are now here in Spain with him, but this is a tough time for our shipmate and his family. It will be a long road to recovery. Please give him your prayers; I am. And please don't take anything for granted... it can

CAPTAIN'S CORNER

Capt. R. Noble,
COMNAVACT, Spain



all change so quickly. Take good care of yourselves!

On a lighter note, the USAF Thunderbirds are scheduled to arrive here today (6/8), with a practice show tomorrow, and their big performance on Saturday.

The airshow on Saturday looks to me like it's going to be a grand event, with several static displays and a robust schedule of flight demonstrations, including a performance by the Spanish Air Force flight demonstration team.

We believe that we'll have a crowd of spectators on base that may top 20,000. Be patient, and enjoy the show. Bring a hat and sunglasses.

And don't forget to lather up with lots of sunscreen. The worst sunburns I've seen happened at airshows.

Think about it... you're looking straight up into the mid-day sun in order to see the flight demonstration. SUNSCREEN...SUNSCREEN...SUNSCREEN; you won't regret it. See ya there!!

OPINION

Five years ago I arrived in Rota to find out that football was not a part of everyday life in this community.

I thought to myself, "Is this an enlightened thinking community? As it turned out Rota was the lucky victim of circumstance. Then two years later unfortunately "some very wonderful and dedicated people saw a void and went through the painstaking evolution of trying to bring back football to Rota."

The students and community were selectively surveyed and although no voting, overwhelming or otherwise was reported a very persuasive minority presented its demands to the superintendent's office.

That Superintendent (a previous one) located in far away Turkey was very placating to minority demands.

As a result we saw another clear example of the adage, "The squeaky wheel gets the grease." The grease in this case was to return the athletic dinosaur known as football.

A school sports program built around lifetime sports is far more of an educational service than a football program.

Tonight I returned from an athletic sports banquet where a big block of the student body enthusiastically received awards for participation in golf, tennis, running, softball, and soccer.

Put this together with swimming, volleyball, basketball, and any other games our students can play throughout their lives with their friends and their children, and you have a well rounded athletic program that you can be proud of.

I know that the football minority will probably see this response as somehow weak and unpatriotic. However, spending a big percentage of the athletic budget on a program that involves 10% of the student body isn't very democratic either.

My final response to the name withheld "OPINION", is when you said, "Hello McFly is anybody home?" Did you remember who said that in the movie? You made your point.

James R Wilson, High School teacher (retired)

Spaniards to make El Rocio pilgrimage

El Rocio pilgrimage is the most popular religious pilgrimage in all of Andalusia.

People all over Spain make the journey to Almonte in order to arrive before Saturday, June 10.

People from towns in the Guadalquivir basin travel by foot, on horses or on board decorated wagons.

Most 'Rocieros' cross the river in Sanlucar and go through the National Park Doñana. The embarkation in Sanlucar was, June 7 at Bajo de Guia.

Hundreds of people were at Bajo de Guia since early in the morning to say goodbye to the pilgrims or join them on their journey.

On Saturday at noon, different brotherhoods will present themselves before the Virgin del Rocio. Later in the afternoon, the village becomes one fiesta when all the

brotherhoods start the celebrations with eating, drinking, singing and dancing.

On Sunday morning they have a Papal Mass. The night of June 11 is a special moment for the pilgrims. The beginning of the anticipated processions depends a lot on the patience or impatience, of the crowd. Typically, the Almonteños (people from Almonte) climb over the gate (salta la reja) during the early hours of Monday morning to seize the image of the virgin to carry it in a procession. This procession will take around 14 hours.

Almonte is around three or three and a half hours from Rota.

For more information on the El Rocio pilgrimage or any other Spanish event or location, call the Naval Station Community Relations office at ext.2813.

Spanish terrorists ETA kill again

Jesus Maria Pedrosa, 57, councilman in the town of Durango (Vizcaya), was killed by the terrorist band ETA last Sunday. Jesus M. Pedrosa belonged to the party in the Government PP. He is the first victim of the PP and the fifth victim after the brake of the truce. He was walking by one of the streets in his hometown when a young man shot him in the neck. Jose Maria Aznar, Spain Prime Minister, and the Basque Lendakari for the first time, headed together the public manifestation against ETA.

SEAVIEW continued from cover

becue section, and a multipurpose room," said Cedeno.

The building also has new restroom facilities and a fence that circles the entire area.

A contract was awarded for Seaview Pines renovations on September 28, 1999 and construction began in January of this year.

A final inspection is scheduled for June 17, and a date for an opening ceremony is still being discussed.

Built in 1875, the facility was owned by a farmer in the local community. Through the years, the building has served several purposes, such as a multi-purpose center for parties and meetings and a community cen-

ter. Robert Christ, the deputy housing director, said the building will be great to host almost any event or function.

"The building, in its previous service, could only be reserved for one event. So, if you were having a seminar or anything of that nature you would have to reserve the entire building. Under our new program, customers can reserve only the area they need, leaving the other rooms open for service to other projects," said Crist.

Persons interested in reserving space at the center should contact the Housing Office.

Reservations cannot be made more than 30 days in advance. Christ also said the center can be reserved by on-base employees and military members.



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Naval Hospital Rota wins Health promotions award

Naval Hospital Rota was among 30 commands Navy-wide to be recognized this year by the Naval Environmental Health Center for their efforts in telling people about healthy lifestyles.

Each organization received the Year 2000 Command Excellence in Health Promotion Award at the Gold Star, Silver Eagle or Bronze Anchor level. The award, established in 1995, gives recognition to Navy and Marine Corps commands that have established comprehensive, population-based health promotion programs. What distinguishes each award is criteria such as resources, staff and development of each component of the program.

Gold Star award winners were: Naval Hospital Rota, Spain; Bureau of Medicine and Surgery Naval Hospital Bremerton, Wash.; Naval Hospital Camp Lejeune, N.C.; Naval Hospital Charleston, S.C.; Naval Hospital Cherry Point, N.C.; Naval Hospital Okinawa, Japan; Naval Hospital Roosevelt Roads, Puerto Rico; Naval Hospital Yokosuka, Japan; Regional Support Organization San Diego; Semper Paratus Center Quantico, Va.; Shore Intermediate Maintenance Activity Mayport, Fla.; USS Boxer (LHD 4); USS Carl Vinson (CVN 70); USS Cleveland (LPD 7); USS Enterprise (CVN 65).

50 ships, 20 aircraft participate in Baltic Sea maritime operation

The 28th annual Maritime Exercise Baltic Operations 2000 is taking place in the Baltic Sea and will last until June 17. Ten European nations and the United States are participating in this year's exercise.

BALTOPS 2000 includes about 50 ships, submarines and 20 aircraft from European allies and Partnership For Peace (PFP) nations to include: Denmark, Estonia, Finland, France, Germany, Latvia, Lithuania, Poland, Sweden, United Kingdom and the United States.

Nearly 4000 naval men and women met in Stockholm for the opening ceremony; it was the largest visit of international warships to the Swedish capital.

The emphasis of this exercise is on re-

gional stability, regional understanding and interoperability among the participating forces.

According to Rear Adm. Michael Malone, officer conducting the exercise, "this is an opportunity for every nation involved to better understand, learn and develop more effective relationships with each other."

Admiral James O. Ellis Jr., commander in chief of U.S. Naval Forces Europe, is the exercise sponsor. Rear Adm. Malone, Carrier Group 8 commander, based in Norfolk, Va., will command the exercise from his flagship USS Ross (DDG 71).

The maritime exercise will end with a joint visit to Kiel, Germany.

FASHION continued from cover

chance to look at different cultures. RoShaundra Ellington, Navy Exchange's assistant manager and one of the models, said the show was a cooperative effort, and gave people a small look at the world around them. There were a total of 77 models who participated in the show.

"It is always good to see other cultures. This was a great way to show those persons who are new to the area, or those who haven't had the chance to travel, a small display of how other cultures dress as well as dance," Ellington said.

The fashion extravaganza was created by the Rota American Red Cross in an effort to raise money

for day care expense funds. The show was sponsored by a total of 23 organizations.

According to Sybil Moorer, station manager at Rota's American Red Cross and one of the coordinators of the show, ensuring proper child care is a subject of importance for our volunteers, as well as the show's mission.

"We started putting the project together in March. The mission of the show was to raise funds that would be put to our day care expenses for those personnel working at Dental, the Hospital, Library, DGF schools, Legal, and here at the Red Cross who need day care for their children. Making sure the children are properly taken care of without worry while military per-

sonnel are at work was the primary mission objective and we reached that goal. I am very pleased," Moorer said.

The project also involved constant communication between the American and Spanish communities.

Maria Belen, one of the coordinators of the show, said the time invested in rehearsals, and organizing the show was well spent.

"It was a lot of hard work putting it together. There were lots of supermodels and personalities that differed among the crowd. We had a few hick-ups in the planning stages, however, the final product was outstanding," Belen said.



photo/J03 Ricky Allen

Indira Spurlock, along with other models, displayed fashions from Morocco.

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Rota Air Show 2000

How to protect yourself from the heat, sun

Lt. Michael Meier
Flight Surgeon, U.S. Naval Hospital

For those of you considering coming to the Thunderbirds and Patrulla Aguila air show, consider this...it will be HOT and you will be OUTSIDE for several HOURS. Let me share some information that could be useful during hot days.

Excessive heat affects the body in a variety of ways. When heat builds up inside the body, the body automatically reacts to get rid of this heat through the sweating mechanism. This depletes the body of water and salt. If they are not adequately replaced, body functions are affected, and a person could become a heat casualty. Under normal conditions this could be prevented. Let me share some ideas that you could use to prevent becoming a heat casualty:

Water – Although coolers will not be allowed, consider bringing bottled water or enough money to buy bottled water from the casetas. You should be well hydrated before you come to the air show, and you should maintain your hydration by drinking water, at least eight ounces every hour, maybe

more depending on your activity level. Please do not intentionally dehydrate yourself to avoid standing in line for a Port-A-John; there will be plenty of portable toilets.

Avoid Caffeine and Alcohol – Caffeine and alcohol each causes your body to eliminate the water that is so badly needed on a hot day. You will become a heat casualty if the only things you drink at the air show are caffeinated or alcoholic beverages.

Sunscreen – Consider applying sunscreen to the face, arms, shoulders and skin areas exposed to the sun before departing your house on Saturday morning. Also, bring some extra sunscreen to re-apply in the afternoon. Your skin will thank you Saturday night. You should use sunscreen with SPF-15 or higher.

Children – If you are bringing children, remember that they may not know to ask for water or sunscreen, and you may not be monitoring their hydration status (urine concentration) as well as you are your own, so please be pro-active when it comes to the health and safety of your children.

Clothing – Wear loose-fitting,

light-colored clothing to keep yourself cooler. Light colors reflect sunlight and heat; dark colors absorb sunlight and heat. Also consider wearing a hat with a bill or brim to protect the top or your head, nose, ears, and neck (depending on the size of the hat).

Very Old/ Very Young – Be very careful about bringing newborn infants or elderly adults. People in these two age groups are less tolerant of extreme temperatures. If they are in a stroller or wheelchair, they may not be able to move themselves to a cooler environment because of inability or inconvenience. And again, you may not be able to assess their hydration status as well as you can assess your own.

Urine – The color (concentration) of your urine is one of the best ways to judge your hydration status. It may sound kind of gross, but PAY ATTENTION TO THE COLOR OF YOUR URINE, it might save your life. When your urine is very concentrated (dark yellow or orange), that means that your body is holding onto as much water as it can to survive until you can "fill your tank." When your

urine is clear, that means that your body has an abundance of water. A well-hydrated person should urinate minimally concentrated urine every 1-2 hours.

Headache – In addition to concentrated urine, one of the early signs of dehydration is a headache. If you are starting to get a headache or starting to feel nauseated or light-headed, you should start drinking a liter of water and move to a cooler environment (shade, mist fan, air conditioning).

Signs and symptoms – If you come up with one or more of the following symptoms, look for help: weakness, dizziness, headache, loss of appetite, nausea, and high body temperature.

If these things do not help, you should make your way to one of the medical rovers in the crowd or to the medical aid station in the departure lounge at the air terminal identified with the white banner with the Red Cross. Please, remember to prevent becoming a heat casualty drink plenty of water, use sunscreen, wear a hat, avoid drinking caffeinated and alcoholic beverages...ENJOY THE AIR SHOW.

Schedule of Events

9 a.m. – **Bryan McDonald Rota Remote Control Air Club** performs

9:30 a.m. – **Thunderbird Ground Ceremony**

10 a.m. – **Thunderbirds Show**

11:10 a.m. – **Spanish Flotila demonstration** including helicopters and AV-8 Harriers

12:30 a.m. – **Bryan McDonald Rota Remote Control Air Club** performs

1 p.m. – **Patrulla Aguila Show**

3 p.m. – **Concession stands shut down and end of show**



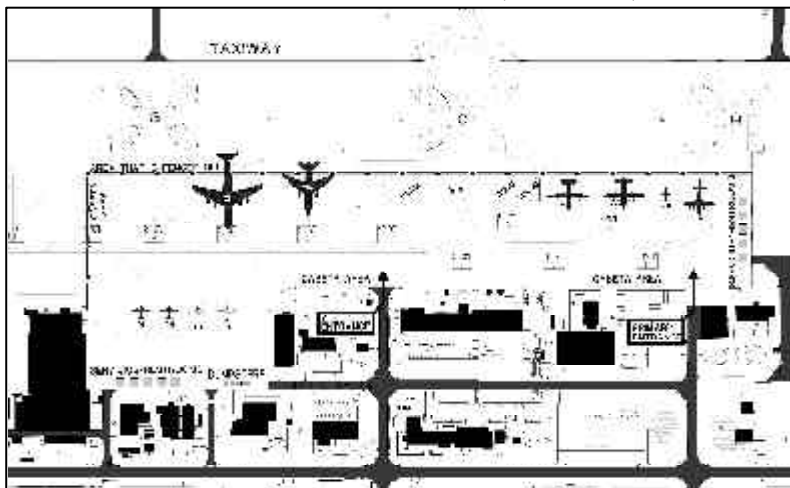
La Patrulla Aguila is Spain's premier aerial demonstration team

On June 4, 1985, a group of instructors from the Air Force Academy took off on the first training session of what would soon become the Patrulla Aguila.

The Patrulla started with five airplanes, but soon grew to the current number of seven, a number that was considered ideal for the characteristics of the airplane.

The more than 10,000 hours flown in more than 300 domestic and international air shows, are already a part of the history of the Spanish Air Force.

AIR SHOW PLAN FOR STATIC DISPLAYS, CASETAS, RESTROOMS



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Car Wash for trust fund – Friday

Proceeds go towards the orphaned ten-month old twins of a NSWU-10 member's sister who was recently murdered by her husband; the member and his wife are in the process of adopting the twins. In order to care for the children and plan for their future, a trust fund has been established. For trust fund details or donations, please contact HM1 Michael Bowe-Rahming at ext 1682 or go to www.moodimage.com, and click on "The Lauren Phillips Trust Fund." Come out and help us to support this worthy cause by getting your car washed!

AC replacement filters available

On-base housing residents can visit self-help to pick up replacement filters for the air conditioning units within each home. With some of the recent warm weather, we have received numerous trouble calls related to air conditioning units. Some of the trouble calls may be resolved by simply replacing the filter. If you have placed a service call for the A/C unit in your home, the maintenance contractor has up to seven calendar days to respond to the service call. Normally, the contractor can respond within a few days, but you may want to check your filter why you're waiting.

RAMIC meeting – June 13

Retired American Military Iberian Council (RAMIC) meets at 1p.m. Tuesday June 13 at the Spanish Club Suboficiales. All U.S. military retirees, widows, widowers (members and non-members) are invited to attend. A Dutch-treat luncheon follows in the club dining room. Lt. Cmdr. Jody Stanley, Re-

tiree Liaison Officer will address the meeting.

Juneteenth

The African American Heritage Committee (AAHC) will host its Annual Juneteenth Celebration at Seaview Pines Park on Saturday, 17 June 2000 from 12 to 5 p.m. There will be music, food, family games, story telling, art exhibits, and educational seminars. The entire Rota community is invited to celebrate this special occasion!

An Evening of Jazz

AAHC is hosting "Impressions", an evening of jazz, poetry, and open mike reading on Saturday evening, June 17 in the Cadiz Room at the Bachelor Officer Quarters. The fun starts at 9:00 p.m. and will include hors d'oeuvres, drinks, and an evening of lively entertainment. Ticket prices are \$5.00 in advance; \$7.00 at the door. For tickets and additional information, contact: Pamela Ellis, 2733; Debra Thomas, 3524; Willie Davis, 3525; Al Davis, 3626; Clarence Thomas, 3543 or Mark Springer, 2661/2660.

Volunteer position at NMCR

Are you looking to improve your job skills? Gain valuable and marketable job experience? Work in a professional environment? The Navy-Marine Corps Relief Society has openings for a Spouse Tuition Assistance Program Chairman, a Publicity Chairman, a Budget for Baby Chairman, a Newsletter Chairman and writer, a Speaker's Bureau Chairman, Thrift Shop Chairman, as well as positions for caseworkers, receptionists, and thrift shop workers. Training for these positions is provided. NMCRS will reimburse volunteers for childcare and mileage. If you

are interested in any of these positions please visit the Navy-Marine Corps Relief Society office in Bldg. 52 or call ext. 1614 for more information.

Ombudsman Training

Ombudsman basic training will be held Monday, June 12 from 8:30-4:00 P.M. at the Navy Family Service Center Classroom A/B. For more information contact Tracy Parker Information & Referral Coordinator, Navy Family Service Center, Rota, Spain DSN: 727-3232, COMM: 011-34-956-823232

DGF SAC Meeting

This month's High School SAC meeting will be held on Wednesday, 14 June. The meeting begins at 4 P.M. in the DGF H.S. library. We hope to announce the election winners from the SAC ballot casting then. Agenda items also include: Staffing to Programs issue; a student proposed Honor Code and the high school football program. David Loudon, SAC Chair. EXT. 2674(h) and 4084(h).

Marriage Enrichment Workshop

June 6-7 at the Chapel.

The workshop is a great way to prepare for marriage or simply make a good marriage even better! Using the PREP approach, the workshop takes a realistic approach, realizing that every marriage has its ups and downs. The difference between marriages that succeed and marriages that fail is how—and how well—the couple handles those ups and downs. The goal is not just a marriage that lasts, but one that also satisfies

husband and wife. For more information or to sign-up for the workshop, please call the Chapel at ext. 2161.

Navy Exchange Rewards Good Students

It is report card time, time for the Navy Exchange to reward your students for their efforts. Your children are eligible to enter if they are a dependent of an active duty member, are in grades 1-12, and have a "B" or equivalent grade point average, for this grading period. Bring your child's report card, and child's I.D. card or Social Security number to the Main Exchange Customer Service counter to enter the "A-OK Program." Your hard working student will enter into a worldwide drawing and could win a \$5,000, \$3,000, or \$2,000. Savings bond! All students who enter the program receive \$20.00 worth of coupons to use in the stores for fun things, for instance 10% off any bicycle, \$2.00 off any NIKE tee shirt, \$2.00 off a Casio or Timex watch, \$3.00 off any pair of LEVI'S or Lee jeans, etc. We congratulate all DGF students with good grades. You make us proud!

VQ-2 Enlisted Spouses' Club meeting

Club meets June 20, July 18 and August 22 at the Housing Pool from 8 to 10 p.m. Bring the kids and enjoy the company of other VQ-2 families. All spouses of enlisted active duty members stationed with VQ-2 are eligible for membership. Call 4422 FMI.

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Get your EMT Certificate

June 8, 2000
From UMUC

University of Maryland and University of the District of Columbia will offer an Emergency Medical Technician certificate course beginning in Term I at the end of August. EMT's give immediate care to and transport the sick or injured to medical facilities. Graduates are employed in hospitals, fire and rescue organizations, private ambulance companies and other health care agencies.

The curriculum of these two courses follows the Department of Transportation national standard curriculum and Stated of Maryland protocol for EMT Basic. This sixteen-week course will prepare the participants to take the National Registry EMT Exam. Prerequisites include current CPR certification. For more information call Carolyn or Tanya at X2917/2918.

DGF Basketball Team Soul Food Dinner

Come out and support our future NBA Stars by buying a soul food plate and enjoy an evening with your family and friends. Let us do the cooking. For more information X4052

Cub Scouts Day Camp

Come join us for fun at the Cub Scout's annual summer day camp June 26-30, hosted at Seaview Pines. The cost will be \$45.00 per person. Applications can be obtained through the Jams Youth Office. For more information, call 87-4036. Please return applications to the address listed below:

Attn: Day Camp Director MPS
USNH #92

PSC 819, Box 18
FPO, AE 09645

U.S Open Pick-A-Pro

Tee-time will be at 10:00 with a free BBQ afterwards. 18-hole stroke play

and blind draw of a Pro-Local Players' score will be totaled with the PGA player's score. Support your local golf association! The RGA Today!

Child Development Home

Offering childcare for evenings, weekends, and overnight duties. I take all ages. Please call Tanya Hawk at X4437.

DAR in Spain

The Daughters of the American Revolution is a non-profit, non-political service organization formed in 1890 and devoted to promoting Historic Preservation, Education and Patriotic Endeavor. Membership is a unique opportunity to establish one's lineage and heritage as a descendent of a patriot of the American Revolution. American citizenship is not a requirement for membership. Applicants must be 18 years of age and be able to prove lineal blood line descent from an ancestor who aided in achieving American independence. Descendants of Bernardo de Galvez, born 1746 in Macharaviaya, Spain whose parents were Matias de Galvez and Josepha de Madrid are eligible. Families of men who served with Galvez can also be members of the DAR. Bernardo de Galvez was appointed Spanish Governor of Louisiana by King Carlos III. He provided money, supplies and arms to American colonists and is a patriot of the American Revolutionary War.

Shed those winter pounds

After a winter of hiding our skin in layers of clothes it is time to peel back the layers and reveal—the dreaded bathing suit!

Oh no!!

The mere thought of putting on skimpy summer clothing and especially our bathing suits can send most sane people running for cover.

We all know that it can be more difficult to maintain your weight in the winter, but summer comes along and holds us accountable for our winter indiscretions.

How many of you, who have actually been brave enough to try on last year's summer wardrobe, stood in front of your mirror and said, "Hey, where did those extra ten pounds come from!" Or maybe you said, "Why can't I lose this extra weight?" Then you picked up a bag of chocolate chip cookies to console yourself for putting on a few pounds.

Worse yet, Mom is not here to tell you to put the cookies down and feed you a well-balanced healthy diet. So what is a healthy diet anyway?

If any of this sounds like something you have experienced *DON'T WORRY*

THERE IS HELP!! Here at Naval Station Rota, Spain there is a support organization called Take Off Pounds Sensibly or TOPS.

This group works in conjunction with the base dietician and physical therapy healthy living program to provide you with valuable information on diet and exercise. More importantly it provides a support group to help you with the often too difficult process of losing weight.

You will meet people who are going through the same things you are in regards to losing weight and trying to eat a healthy diet.

As always, membership in the group is confidential. Meetings are held evenings. Every Monday at 6:45 p.m. in the Navy Hospital, Family Practice Conference Room.

The first meeting is free, then if you decide to join there is a \$20.00 membership fee, and a monthly fee of \$6.00.

These funds are used by the group for activities and rewards for accomplishing their weight-related goals. For more information about the group, call Lauri at 956-48-1407.

Navy League to host Aviation Ground School Course

The Navy League of the United States, Andalucia Council, will be hosting an aviation ground school for aspiring aviators at Naval Station Rota. Teenagers, ages 14 to 18, are invited to attend the course which will be held August 5 to 19. Top Navy and commercial pilots will serve as instructors. If interested in attending, contact Evaristo Fernandez at 956-85-7325, evafer@arrakis.es or Lt. Cmdr. (Ret.) Jim Brady at 956-48-2246, dmonjf@hotmail.com.

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Seabees lend a paw – er, hand to RAWL

JO1 'Drew Scharnhorst
NMCB ONE Public Affairs

It's interesting how big things often start out small.

A chance encounter at Reflections between a Rota Animal Welfare League volunteer and a group of Seabees quickly led to some much-needed improvements to RAWL's facilities.

While at Reflections one evening a few weeks ago, EO1

Kevin Romanelli, a reservist attached to the U.S. Naval Mobile Construction Battalion ONE, and some of his colleagues were relaxing over a few beers. They struck up a conversation with a woman who happened to be on the RAWL staff.

"She was telling me about RAWL [and] what they do, and how it's a non-profit organization, and that they had some maintenance things they needed done," said Romanelli.

"And I explained to her that I was with the Seabees, and we like pretty much getting involved doing things like that, because we're pretty big on helping out the community. And," he added, "I enjoy animals."

He talked over the idea with some of his reservist companions to gauge their interest, and then took the idea to NMCB ONE's First Class Petty Officer Association; they, in turn, took it to the Second Class Association. Then, supported by the command, the two Seabee organiza-

tions got the ball rolling.

Romanelli called RAWL president Sandra Barr and asked what work she needed to have done. She quickly said a new area for the dogs would be nice.

"We had two existing pens out front and one in back," Barr said, "and it just wasn't enough. We have 21 dogs, and we need an extra pen."

A good start – so why stop there? Barr realized that the dogs know there are large numbers of rabbits that

live in the wooded area next to the facility, and she recognized a need to do something about that as well.

"There are a few [dogs] that love the thrill of the chase, and this little fence out here was nothing for them to just jump and go out there," she explained – so the Seabees tore out that fence and replaced it with a taller, sturdier one.

RAWL treasurer Ellen MacDonald called the Seabees' labors "impressive". "I didn't know exactly how this was going to work, what equipment they were going to bring, but I think it's impressive, how quickly it's going. I'm very pleased."

The Seabees of "The First and The Finest", however, weren't fin-

ished yet – there were so many other things they could do. Though very roomy, the play area in back had no trees to provide shade from the hot Spanish summer.

"They're putting up a nice, big rain and sun shelter back there," Barr stated. "And I heard that they're putting up an obstacle course, [with] fun things for the dogs to do back there – like they're actually going to have their own fire hydrant back there, too, just for fun."

The inside of the complex area was in dire need of a good painting, too, so the Seabees got busy on that project as well. "I think the last time it was painted was several years ago; it was starting to

flake off," Barr described. "And even though it's not a *necessary* thing around here to function, to have a nice paint job done on the walls out there, it just adds to the environment of the place."

Barr had never dealt with Seabees directly before, but knew of their industrious reputation. "I've heard they like to get their hands dirty, and like to get in there and get stuff done," she enthused. "I'm just amazed. We can't thank these people enough."

"It's very important to us, because it makes our jobs a lot easier, and makes the lives of the dogs a lot better," said MacDonald.

see RAWL, next page.



EO3 Sean Arnold smooths the dirt and gravel road at RAWL with one of NMCB ONE's graders.



photo/JO1 Drew Scharnhorst

Before the Seabees can install a new fence at RAWL, HM1(SCW/FMF) Scott Cordell begins tearing down the old one.

Bullfights in Sevilla

Sunday, June 18. Young bulls with picadors from De la Quinta ranch for the novice bullfighters, Antonio Barea, Alvaro Gómez and Rafael de Julia.

Thursday, June 22. Bulls from Herederos de J. Luis Osborne Vazquez ranch, for the bullfighters, Pepe Luis Vázquez, Eduardo Dávila Miura and Juan Manuel Benítez.

Sunday, June 25. Young bulls with picadors from El Serrano ranch for the novice bullfighters, Ángel Estella, José García "El Doctor" and J. López "Gallito de Tarifa".

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photo/J01 Drew Scharnhorst
DT2(FMF) Nikki Dean rolls a coat of paint to the inside wall of the animals' pen.

RAWL continued from previous page

"Some of them get into fights with other dogs out there in the woods. So dangerous situations like that hopefully won't come up again."

About 15 Seabees – from Builders to Equipment Operators to Yeomen and Hospital Corpsmen – showed up Saturday morning to begin the work, and about the same number came back Sunday to continue. Romanelli said they expect to continue throughout the week and finish up by Saturday – at least with the projects they're working on now.

"What the First Class [Association] is looking at doing, according to our president [YN1(SCW/

SW) Patsy Moore], is making this an ongoing project to help them out with the maintenance," Romanelli said, "basically making it an Association function that just gets passed from battalion to battalion."

MacDonald expressed surprise that the Seabees weren't doing this because they had to. "I'm very grateful for what they do, that they give their free time. As I understand it, some people, after they had been here on Saturday, had to go on and do duty," she said.

"So we're really, really grateful for the work that they've provided here, all the materials that they brought with them, and for really, really helping these dogs, more so than us. We really appreciate it."

"It's just amazing. All the volunteers up here just can't believe that they came out of the blue and offered their assistance, and not on something small, either," Barr professed.

"Even down to the painting. We said we could do it, but their attitude was: 'We're here to work, and we want to do it'. We're all in awe, and eternally grateful. I wish they could understand what an impact this is going to make on the daily life for the animals and for the volunteers at RAWL."

Last week I gave my opinions about the correct way to use email. This week let's discuss another important email and Internet issue, your privacy.

First, if you use a US Government computer, then by federal regulation, supported by case law, there is no expectation of privacy.

Your files and emails both may be inspected and read by authorized systems administrators at any time. Generally they must have a good reason for doing so, but there is no legal mechanism that they must execute to do it. No search warrants required.

Second, what you write in an email may be used against you some day. Notice the media reports of the court ordering the Whitehouse to turn over thousands of emails to the Department of Justice.

Sexual harassment, profanity, pornographic attachments, racist, off color language or pictures (disturbing screen savers and little movies count) may violate both US Federal law and US Navy computer use policies.

Don't whine about it: don't do it or use your own computer. Be aware though that is some countries activities not regulated by the US Government are strictly prohibited by local laws.

Germany, for example, prohibits accessing neo-nazi hate web sites or holocaust denial sites and they have been known to not only prosecute the offender but permanently confiscate the computer equipment as well.

Child pornography is prohibited in the US and you will be prosecuted for possessing it on your machine.

So let's say that because of this column you get a little nervous and decide to clean up your email folders. You delete all of the questionable stuff - problem solved? Nope.

All good systems administrators make regular or even daily backups of the server's files and your naughty emails are on those back up tapes. Your email history can be restored practically to today. Email back up tapes are legal evidence and this notion is one of the things that is dogging the Whitehouse.

You can encrypt your emails using publicly available encryption schemes such as the PGP (Pretty Good Privacy) security application. It's supposed to be simple to use and only you and your intended recipient can read the letter. I haven't used it so do a web search and check it out.

Third, don't always assume that a web site operator has your best interests at heart when she asks you for bunches of personal data in order for you to get something for free or access some web based service.

Web operators make most of their money from selling your information to advertisers and information clearing houses that assemble your personal information from banking, financial, credit, on-line shopping, public records (driver's licenses, mortgage info, etc.) and even web searches (it's called data mining).

There is also software on the market that tracks something called "through clicking." This program



is invisible to you as you use the web site and it assembles information that tells the web operator every click you made, exactly on what, how long you stayed and where you went afterwards.

Pretty scary stuff if you shop on-line using credit cards, access your bank or credit union from the web or check your credit history on-line.

Read each web site's privacy policy before you give them too much information and they do something stupid with it. Children are especially vulnerable to this kind of data gathering and they should be supervised while they are surfing the net.

The battle for maintaining what privacy we have left is raging on the Internet, in the courts, among the Internet-using public and those that want to make a buck off of your private life.

Keep your private life, private. There are very good reasons for doing so. Get in the habit of minimizing your exposure to identity theft, email spamming and generally annoying web sites.

Be wary of free deals that require you to divulge a significant amount of personal information. The free deal may turn out to cost you plenty. Don't be paranoid, be smart. That's all for this week. Happy computing!

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COASTLINE CALENDAR

SUNDAY DOMINGO	MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIÉRCOLES	THURSDAY JUEVES	FRIDAY VIERNES	SATURDAY SÁBADO
JUNE / JUNIO National Safety Month JULY / JULIO National Recreation and Parks Month				8 USAF Thunderbirds arrive in Rota ITT trip, Sevilla Shopping trip. \$40.00. Call 3101 Get into fitness 9:30a.m. Kickboxing 11:30a.m. Weight connection 5:30p.m. Step aerobics Call 2565	9 USAF Thunderbirds practice for airshow ITT trip, Evening Bodega and Flamenco Show \$45.00. Call 3101	10 Rota Airshow, featuring USAF Thunderbirds and Patrulla Acrobatica de Espana, Call 1680 for info ITT trip, Morocco weekend. Call 3101
11 ITT TRIP SIERRA DE Las Nieves natural Park adventure CHAPEL, Volunteer picnic at 3 p.m. DGF Soul Food dinner 11p.m. -4p.m.	12 Get into fitness 6:30a.m. Step aerobics 9:30a.m. Cardioflex 11:30a.m. Step aerobics 5:30p.m. Jazz aerobics Call 2565	13 ITT Trip, Gibraltar Shopping Trip, call 3101	14 Parents & Tots at NFSC, 10:30 a.m. - 12:30 p.m. call 3232 ITT TRIP Ubruque leather shopping trip FLAG DAY	15 ITT TRIP, Sevilla historical trip. Cost is \$40. Call 3101 9:30a.m. Kickboxing 11:30a.m. Weight connection 5:30p.m. Step aerobics DGF Last day of classes	16 Get into fitness 6:30a.m. Step aerobics 9:30a.m. Cardioflex 11:30a.m. Step aerobics 5:30p.m. Jazz aerobics Call 2565	17 Juneteenth Celebration Extravaganza, call 2660 ITT TRIP, Ronda 6:30a.m. - 6p.m. Cost is \$25. Call 3101
18 ITT TRIP, Gibraltar Rock and Dolphin Cruise Call 3101 FATHER'S DAY	19 Juneteenth Command Indoc 8a.m. - 4p.m. Get into fitness 6:30a.m. Step aerobics 9:30a.m. Cardioflex 11:30a.m. Step aerobics 5:30p.m. Jazz aerobics Call 2565	20 Command Indoc 8a.m. - 4p.m. ITT trip, Jerez Horse Show, Bodega & Bullfighters museum from 9a.m. - 4p.m. Cost is \$37. Call 3101	21 Command Indoc 8a.m. - 4p.m. ITT trip, Sevilla Shopping Trip. Cost is \$20. Call 3101	22 Command Indoc 8a.m. - 4p.m. Historical Trip to Cadiz 9a.m.-4 p.m. Cost is \$25.00 Call 3101 CREDO Retreat Today until Sunday	23 Command Indoc 8a.m. - 4p.m. Historical Trip to Arcos 9a.m.-4 p.m. Cost is \$25.00. Call 3101	24 ITT Trip to Medina Sidonia 9a.m.-5 p.m. Cost is \$25.00. Call 3101
25 Project Bold begins in Germany for 8 DGF students	26 Get into fitness 6:30a.m. Step aerobics 9:30a.m. Cardioflex 11:30a.m. Step aerobics 5:30p.m. Jazz aerobics Call 2565	27 Sevilla Historical Trip \$40.00, call ITT at 3101 or 1560. PRE-NATAL SUPPORT GROUP meets at 5 p.m. in the NFSC, call 3232	28 Ubrique Leather Call ITT at 3101 or 1560.	29 ACTIVE PARENTING TODAY meets today from 1 to 3 p.m. in the NFSC. Call 3232	30 Fourth of July Festival Casetas Open for business at 4th of July Fairgrounds	1 Fourth of July Festival 8 a.m. Softball Tourney Noon Casetas Open 6 p.m. Opening Ceremony/Parade
2 Fourth of July Festival Noon Casetas Open	3 Fourth of July Festival Noon Casetas Open 11:45 Fireworks display	4 Fourth of July Festival Noon Casetas Open 8 p.m. Casetas Close	5	6 GET FIT! 9:30a.m. Kickboxing 11:30a.m. Weight connection 5:30p.m. Step aerobics	7 VQ-2 Change of Command Get into fitness 6:30a.m. Step aerobics 9:30a.m. Cardioflex 11:30a.m. Step aerobics 5:30p.m. Jazz aerobics Call 2565	8

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Story and photos by
JOC Jon McMillan

Algar

Tradition, remoteness and beauty in the Sierras

This is one of my favorite times of the year to take a drive somewhere – anywhere – and see what's out there. Sunflower fields are full, the weather is warm and the sun never seems to set. The possibilities are endless.

I believe the name Algar comes from an Arabic word meaning 'the caves' – of course; I could be wrong because I read that in a history of the town that was available only in Spanish. Being stubborn, I didn't have anyone translate it, and I worked my way through it to find that Algar is a relatively young town.

It was founded in 1773 by a nobleman who returned from Mexico and wanted to set up towns for Mexicans to settle. Algar and some 40 other towns were thus established and not much has changed there in the past 200 and some years.

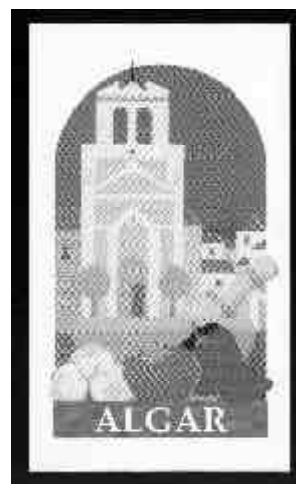
Algar hasn't grown much, its population is only 1,800, and most of the town is comprised of the original buildings made

in the late 18th century. The Iglesia de Santa Maria de Guadalupe, the only church in town, is made in the neo-classic style and offers a very different taste of Spanish architecture.

Other than the cleanliness of the streets, the seemingly open and friendly people, and the ease of getting around the town, Algar is your typical Pueblo Blanco – White Village. What makes a trip there extraordinary though, is the drive, which brings me back to how this is my favorite time of the year for such things.

The route I took was convoluted because I got lost. But, like most times I get lost, I had an incredible journey that I wouldn't want to miss. The long route, that took me south towards Medina Sidonia, east to Paterna de Rivera, north to some highway junction and then east again to Algar, took me through varied,

continued on next page



How to get there:



Vista

continued from previous page

beautiful and rugged terrain.

I got to see fields of cork trees, olive groves and blooming sunflowers. I also had an incredible view of the Embalse de Guadalquivir – a large lake in the mountains. Another benefit of such a convoluted drive, is once I arrived at Algar, I actually felt success: I had found it and I felt like I had conquered rugged terrain's, rugged roads, and my inability to correctly read a map.

Once in the town, its steep roads can all be walked within one hour. There are plenty of bars and at least one main venta. Don't miss going up to a nearby hill to see the "Tajo de Aguila" – a rural tourist cabin facility the city and the Andalusian tourist bureau are building. Once this project is completed, it's going to be a very nice place to go to get away from it all. Tajo de Aguila overlooks the lake on one side and horse pastures on the other. The tall and rigid mountains of the Sierra de Grazalema loom in the background. It's picturesque. The way back home was easier. I took the road out of Algar north to Arcos and was rewarded with more Sunflower fields all the way back to Jerez.

The drive was amazing and Algar was nice. This is the town to visit if you want to show off an off-the-beaten-path typical Spanish white village. Access is easy. The people were friendly. The scenery was gorgeous.



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Today

June 8

Flor Prensada Exhibition. Hotel Los Cantaros, 6 Curva St., El Puerto, through June 15.

Photographs Exhibition by Juan Carlos Cárdenas. Café Pub Blanco y Negro, El Puerto, through June 22. Hours: 5 p.m. until early in the morning.

Paints Exhibition by Gerardo Delgado. Milagros L. Delicado Art Gallery, 3 Diego Niño St., El Puerto, through June 27. Hours: 11 a.m.-1:30 p.m. and 6-9 p.m.

Paints Exhibition by Eduardo Sanz at Palacio Provincial de la Diputación, Plaza de España, Cadiz. Hours: 10 a.m.-2 p.m. and 5:30-8:30 p.m.

Paints Exhibition by Asunción Muñoz Cruzado Poce. Centro Cultural "Alfonso X El Sabio", 89 Larga St., El Puerto. Hours: 10 a.m.-2 p.m. and 8 p.m.-midnight.

Paints Exhibition by Rocio Ayuso Ardelus, at Casa Grande de Vista Hermosa, El Puerto, through June 11. Hours: 6-10 p.m.

Paints Exhibition by Carmen Bustamante at Sala Rivadavia, 3 Presidente Rivadavia St., Cadiz, through June 9. Hours: 10 a.m.-2 p.m. and 5:30-8:30 p.m.

Paints Exhibition. Several artists present their works on oil and watercolors, at Ferrari Workshop and Art Gallery, 10 Santa Ines St., Cadiz, through June 18. Hours: 5-9 p.m.

Paints Exhibition. Artist from Cadiz, Malaga, Sevilla and Madrid have been reunited to paint the 22 superior arcanums of the tarot. Benot Art Gallery, 11 San Pedro St., Cadiz, through June 12. Hours Mon - Fri 6 - 9 p.m.

Paints Exhibition by artists from Chipiona. 13 Padre Lerchundi St., Chipiona, through June 13. Hours: noon-3 p.m. and 8 p.m.-midnight.

Mega Bucks Bingo... Come join the fun at Reflections and win money, game starts at 6:45p.m. \$125 at the door for the package and winnings is 90% of all packages sold. Call 2851 for more information.

Friday

June 9

Concert. Lifestyles of the Rich and Famous. Sala Milwaukee, 10 Avenida de la Bajamar, El Puerto, 11 p.m.

Dr. Becky Bailey's Presentation... She's coming, and you are invited to attend this dynamic presentation on "Preventing Power Struggles". It will be held at Reflections Grand Room from 7p.m. till 9p.m. A must for every parent! For more information call x1112.

Saturday

June 10

Show Guitar, by Agustín Portalo. Sala Milwaukee, 10

Avenida de la Bajamar, El Puerto, 11 p.m.

Evening Bodega & Flamenco Show... Let ITT take you out on the town and show you a famous bodega. Have sounds of flamenco music pass through your ears while dancers stomp their way into your soul. Price is \$45. Call ITT at ext. 3101 for more information.

Free Salsa, Merengue, and Batcha Lessons... Slide on over to Champions and get on the Latin craze that is hitting the world. Learn the latest dances at your own pace! So be there at 7p.m. and start moving your feet and swinging your hips.

Sunday

June 11

Morocco Weekend... Come aboard with ITT for 3 days to Morocco. Join them on an expedition to a mystical place where sounds and smells lure you away from the every day norm. Call ext. 3101 for more details on this journey into a different world.

Mountain Climbing/ Canoeing... Experience Grazelema with a different look, from above and below. The MWR Marina has provided you with two days of adventure with many amenities included in the price. You will be climbing sites unseen by others. Rowing down beautiful waterways with vistas beyond the imagination. Call

x2497 for the scoop on this challenging weekend.

Karaoke Contest... at Reflections tonight. Sing your way into some cash. Call ext. 2851 for more info.

Monday

June 12

Sierra De Las Nieves Natural Park Adventure... Let ITT show you the way into a park with views that draw you away and excite your senses. For more call x3101

Tuesday

June 13

American Red Cross Water Safety Instructor Class— Classes begin June 12 and run till the 16th, price is \$80 for class and certification. The class will be held at the Aquatics Center and for more information call x2333.

Wednesday

June 14

Gibraltar Shopping Trip: Come down and join ITT on a shopping spree in Gibraltar. The trip is

Got something
for 8 Days a
Week?

\$20 per person, and bring some cash to spend. Call x3101 or x1560 for more information.

Thursday

June 15

Off Shore Fishing— Grab your lures and hold on to your fishing pole, the MWR Marina sets out for a day of fishing. Spend the day on a 22' motor boat and just about 15 miles offshore catching big fish! Price is \$60 per person and the boat leaves at 10a.m. Till 6p.m. For more information call x2497

Ubrique Leather Shopping... ITT says bring your money and shop till you drop on this unique excursion in leather luxury. Call x3101 for more details. **Auto Skills...** let the qualified staff at the Auto Hobby Shop show you the basics of auto maintenance, which can save you money. Call ext. 2268 for more info.

Miss an issue of Rota Coastline?
Need a few ideas on where to go this weekend? Check out Rota Coastline's pdf archives at www.rota.navy.mil/news

Let Rota Coastline know.
Call us at ext. 3876,
fax us your ideas at 1021
or email us at:
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#Full Page

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How do they do that?

Imagine tailgating at 600 mph! Dangerous enough at 60. Now imagine four cars moving that fast, all within a few yards of each other and turning as they speed along.

Sound unrealistic? It might be for cars, but when you go to the airshow on Saturday you're going to see the Air Force Thunderbirds do exactly that. When they're in the Diamond formation their wingtips are so close that you could literally jump from one to another.

How do they do that? Is it exceptional skill? An exceptional airframe? Bravery, daring or luck? Well, its all of those things plus one more vital ingredient. More than any other factor, the one thing that enables them to do what they do is "teamwork". Without teamwork the Thunderbirds could never get off the ground.

Those six planes are supported by 120 people. The guys who fix the planes, schedule the shows, plan the event, maintain the gear, order the parts and fly the plane. For every hour the Thunderbirds

CHAPLINE

by Chaplain Steve Beyer

fly in a show, there are about 5,000 man-hours behind the scene. How do they do that? One word: teamwork!

Thunderbird commander, Lt. Col. John Venable, puts it this way: "Each person provides a link in accomplishing the mission, and takes pride in displaying that mission to the world."

As you watch the Thunderbirds this weekend, think about the members of your team. At home, at work, at school. No one of us flies solo through life. Each provides a link in accomplishing the mission. Each of us is part of a larger team!

Listen to Chapline every weekday at 7:05 and 4:05 on Hot 102.5 FM!

If you have a suggestion, comment or good story for Chapline email it to Chaplines@excite.com.

Men's Bible Study

MEN'S BIBLE STUDY begins June 20 at the Chapel Hall. From 11:30-12:30 every Tuesday, we will study the names of God and learn about His different attributes. So bring your lunch and enjoy this 12 weeks series. Questions? Call Chaplain Witt at ext.2161.

Marriage Enrichment Workshop

June 6-7 at the Chapel.

Learn how to communicate more effectively; express criticism constructively; keep fun, friendship and romance in your relationship; solve/resolve problems; forgive and renew/rebuild commitments. The workshop is a great way to prepare for marriage or make a good marriage better! Using the PREP approach, the workshop takes a realistic approach, realizing that every marriage has its ups and downs. The difference between marriages that succeed and marriages that fail is how the couple handles those ups and downs. For more information or to sign-up for the workshop, please call the Chapel at ext. 2161.

For information on any NFSC program, call 3232.

NAVY FAMILY SERVICE CENTER

PARENTS AND TOTS

Come share you ideas with other parents and have fun with you child at the same time. This group, for parents with children (birth to 4 years), is held every Wednesday from 1030-1230 in room 1610, DGF School. Call Navy Family Service Center at 3232 if you have any questions. PLEASE NOTE THE ROOM CHANGE TO RM #1610.

MILITARY SPOUSE APPRECIATION

In celebration of Military Spouse Month the New Parent Support Program will pay for your childcare while you enjoy lunch with your significant other. This offer is good for one lunch per family during the month of June. The cost of lunch is not provided and childcare will be for 2 hours. Parents must secure hourly child-care.

SPANISH CLASSES SUMMER 2000

Registration for Spanish classes begins June 5. The term dates are 19 June - 30 July. Beginning: 0915 - 1015. Beginning: 1530 - 1630. Intermediate: 1130 - 1230. Classes Monday through Thursday.

PARENTS SUPPORT GROUP

Living in Rota presents unique challenges to most of us since our extended family support isn't close by. Come to the Parent Support Group Tuesday, 6 June, to share parenting ideas, meet others in similar situations, gain information related to developmental, health, and safety needs of your child, and more! This group meets every first Tuesday of each month from 5:15-7:00 at the Family Service Center.

ACTIVE PARENTING TODAY

Thursdays, June 8 - July 13 1:00 p.m. - 3:00 p.m.

Do you ever feel that no matter what you say to your kids, they aren't listening? Attend this video-based parent education series for parents of children ages 2 to 12. Find out how to really talk to your kids! Childcare vouchers available for hourly care and participating Child Development Homes.

Good Word for the Week

"It is a grand mistake to think of being great without goodness . . . there was never yet a truly great person who was not at the same time truly virtuous."

— Benjamin Franklin

Worship Schedule

June 10	6 p.m.	Roman Catholic Mass
June 12	9 a.m.	Roman Catholic Mass
	10:30 a.m.	Contemporary Protestant Service
	Noon	Roman Catholic Mass
	1:30 p.m.	Gospel Fellowship Service
		Church of Christ (Chapel Hall)
June 14	7 p.m.	Protestant Communion Service
June 16	7 p.m.	Jewish Sabbath Service (Chapel Hall)

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Ombudsman Basic Training
June 12-16 from 9 a.m. - 4 p.m.
NFSC A/B Classroom
Ombudsman Basic Training is required of all ombudsmen. All new or present Ombudsman who have not received training must attend. The training focuses on functions of an ombudsman and their role with commands and families.

Expectant Dads Lunch

16 June 11:00-12:30
So you're going to be a Dad! Join other fathers-to-be for our monthly gathering to talk about issues and experiences you all have in common. Talk about Fatherhood, relationships, labor and delivery and much more. Whether you are a first time Dad to-be or a rookie, come share your ideas and experiences.

Take a Trip with Parents Time Out

Monday, 19 June at 10:30 a.m.
New Parent Support Program is hosting Parents Time Out every other Monday beginning 19 June. This group is open to all parents who are interested in getting together for learning a bit more about our community, taking advantage of the recreational activities, and the cultural information available to us in Andalusia. The first session is a trip to the Jerez Gypsy Market. Parents have the responsibility of securing hourly care and NFSC will pick up the tab. Sign-up is mandatory.

As stated last week, **Aquasherry Park** will open for the season this Saturday, June 10th. Since this coincides with the Air Show, they have arranged some very, very special prices only for that afternoon. At no other time during the season will there be such a good deal. **Aquasherry** wants to show their appreciation to all their good customers from the base by making these opening day tickets available at such a special price. This way you will be able to attend the air show and still feel you can go to the Water Park for a few hours. Their closing time is 6 p.m., but if they have confirmed attendance for a significant number of people they will stay open another hour. However, they need to know that on Friday.

ITT has information and tickets so if you are interested, stop by and get your tickets. However, if you decide at the last minute you want to go, there will be reduced price tickets on sale at the Water Park on Saturday as well.

This year **Aquasherry** has added an eating place called **El Braserero** where you can get grilled meats, pizzas, hamburgers etc.

For those of you going on the upcoming ITT shopping trip to Gibraltar, don't forget you get a **10% discount** at the **Safari Shop** if you identify yourself as from the base or say you saw the ad in the Coastline.

Also, remember that you can

get some good Italian food and snacks at **Café Roma**. It is located where Cheers used to be. If you prefer something a bit more exotic and harder to find right around here, stop by the **Viceroy of India** where you can always count on great food and good service.

The **Casino Bahía de Cádiz** has announced its 2nd annual painting contest (II Certamen de Pintura). As was the case last year, the contest is open to everyone and the technique and themes are open.

The main restrictions are that no work presented may have won any previous prizes and it may not be larger than 130 cm by 97 cm nor smaller than 73 cm by 60 cm. Once again the prizes are good: 400,000 pesetas for 1st place, 200,000 pesetas for 2nd, and 100,000 for 3rd. The paintings must be turned into the Casino between June 26th and July 10th. Prizes will be awarded on July 20th. For more information and the complete contest rules, call the Casino at 956-871042.

As I stated last week, Gastro-nomic Days are coming up again. This time, the restaurant **El Corregidor** from the city of Almagro in Ciudad Real will give us a taste of the typical

cuisine of "La Mancha".

El Corregidor will be at the Casino on June 15th, 16th and 17th from 1 to 4:30 p.m. and from 9 p.m. until 2 a.m. Sunday they will only be there at mid-day, not at night. Write those dates on your calendar. Once again, reservations are recommended.

There is a new Chinese bazaar type store open in Jerez right next to the Pizza Hut. They have ceramics, furniture and nick-nacks. The name of the place is Super China Town and the same people who own the China Town restaurant in Puerto own it. I guess, because of the name, I had understood it was to be a supermarket. Anyway, here I was, thinking about all these oriental specialties that would be available! Oh, well.

Don't forget Father's Day is only 10 days off. Here are some suggestions from **La Tienda**, your Spanish store on the internet. It's so easy now to share some things from Spain with the family back home.

Your Dad might enjoy our special pack of La Toja soap, bath gel and shaving cream. La Toja products are really good, I personally really like their bath gel and soap and know men who say their shaving cream is the best — so thick and creamy. If

the father in your family has a sweet tooth, what about giving him a box or two of flaky Campechana cookies (palmeritas), or some tasty chocolate hazelnut sugar wafers (demecaos)?

Another thought is to guarantee your Dad some memorable breakfasts or ice cream sundaes by giving him a pack of 5 truly great fruit preserves - strawberry, bitter orange marmalade, apricot, peach and plum - all packed in natural orange juice.

If your Dad prefers saltier fares, they have a couple of new items that may be of interest: fresh mild goat's milk cheese and a generous sized bottle of mixed olives (empelete, arbequina and manzanilla).

On the other hand, If Dad is a hard man to buy presents for, it might be best to give him a gift certificate and let him choose. Find out more at www.tienda.com.

Let's hear from you! Share with other readers information about the surrounding area: your favorite spots and shops.

Contact me by e-mail at COASTPUB@santanderupernet.com or at coastpub@retemail.es, by fax at 956-542997 or by phone at 956-542997 or 607-564132.

PUBLISHER'S CORNER

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GATEWAY AUDITORIUM

Today

6 p.m. Ready To Rumble (PG-13)
8:30 p.m. Return To Me (PG)

Friday

7:00p.m. Return To Me (PG)
9:30 p.m. Rules Of Engagement (R)
Midnight: Ready To Rumble (PG-13)

Saturday

3 p.m. My Dog Skip (PG)
7 p.m. Keeping The Faith (PG-13)
9:30 p.m. Shanghai Noon (PG-13)
Midnight: Gossip (R)

Sunday

3 p.m. My Dog Skip (PG)
6 p.m. Battlefield Earth (PG-13)
8:30 p.m. Gossip (R)

Monday

6 p.m. Mission Impossible 2 (PG-13)
8:30 p.m. Keeping The Faith (PG-13)

Tuesday

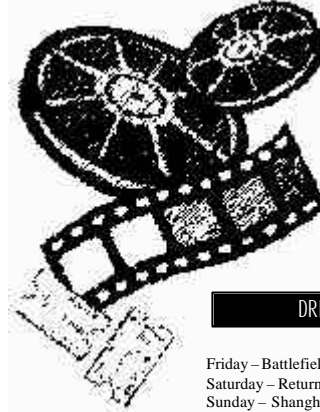
6 p.m. Shanghai Noon (PG-13)
8:30 p.m. Mission Impossible 2 (PG-13)

Wednesday

6 p.m. Keeping The Faith (PG-13)
8:30 p.m. Gossip (R)

Thursday

6 p.m. Mission Impossible 2 (PG-13)
8:30 p.m. Keeping The Faith (PG-13)



G – General Audiences, All ages admitted
PG – Parental Guidance Suggested, Some material may not be suitable for children
PG-13 – Parents Strongly Cautioned, Some material may be inappropriate for children under 13
R – Restricted, Under 17 requires accompanying parent or adult guardian

*All MWR movies are
free, all the time.*

MWR's Movie Information
Line extension is 2624.

DRIVE - IN

Friday – Battlefield Earth (PG-13)
Saturday – Return To Me (PG)
Sunday – Shanghai Noon (PG-13)

Drive-in movies
begin around
10:30 p.m.

Keeping The Faith (PG-13-for sexuality and language) Romance/Comedy; Ed Norton, Jenna Elfman (129 min) Best friends, a priest and a rabbi both fall in love with the same woman. However, neither of the men can pursue the relationship due to their religious beliefs: The priest has taken a vow of celibacy and the rabbi can't marry her because she is not Jewish.

Mission: Impossible 2 (PG-13-for violent action and some sensuality) Action/Adventure; Tom Cruise, Anthony Hopkins, Ving Rhames, Dougray Scott, Thandie Newton, and Steve Zahn (126 min) Tom Cruise reprises his role as agent Ethan Hunt for director John Woo. Ethan Hunt leads his IMF team to re-capture and destroy a deadly manufactured virus before it falls into the wrong hands.

Battlefield Earth (PG-13-for intense sci-fi action) Science Fiction Fantasy; John Travolta, Barry Pepper (117 min) In the year 3000, man is no match for a manipulative race of aliens on a quest for global domination who take all the earth's resources for themselves and ignore the human pests... Until one man decides to leave his Rocky Mountain home and take a final courageous stand.

Gossip (R-for sexual content and brief violence) Drama/Thriller; James Marsden, Lena Headey (90 min) On a beautiful college campus, an ugly rumor is spread as part of a class project on gossip. But now the rumor has taken on a life of its own and no one can tell whom it has offended or how far they will go to stop it.

My Dog Skip (PG - for some violent content and mild language) Drama; Kevin Bacon, Diane Lane, Frankie Muniz (95 min.) Set in 1942, Yazoo, Mississippi, a lonely boy receives a puppy for his ninth birthday. As an only child ignored at school and uncomfortable with girls, he establishes such a strong bond with the pooch, that it helps him widen his circle of human friends and reach a more mature understanding of life.

Shanghai Noon (PG-13-for action, violence, drug humor, language and sensuality) Comedy and Action/Adventure Jackie Chan, Owen Wilson (106 min) It's the Wild West, in a battle for honor, royalty and a trunk full of gold, when acrobatic imperial guard Chong Wang, comes to America to rescue a beautiful kidnapped Chinese princess. With the help of a partner he does not want, Chan finds himself facing trouble in the West.

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#Half Page

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CLASSIFIEDS

AUTOS

1987 FORD ESCORT: American spec, air new tires, tinted windows, avail 25 jun asking \$2500 neg ITV INS thru Sept 00 call X4627 or X1480.

1998 Chevy Blazer 2-door 4X4 automatic fully loaded, C.D. player, excellent condition 45,000 miles insured until Jan 2001. \$15,000 firm, must sell, Call 956 82 123 day or 636 21 8635 night.

1995 FORD EXCORT ATLANTA 4D SEDAN STANDARD, ITV until Sep 2001, PS, PB, PW, AM/FM cassette. Asking 6,500.00 OBO. Call Tina 956-85-7758

1990 JEEP CHEROKKE LTD. Excellent mechanical condition. New battery and alternator. CD player, A/C, leather seats, sunroof. \$6000 OBO call Christy at 677-28-4022.

ALFA ROMEO 1991 1.7 I.E. 33 A/C, P/W Power locks, power steering Ext.4213 leave message \$2600.

1992 MITSUBISHI ECLIPSE GS 16 valve Dottie 5 spd. A/C, 10 disc CD stereo. Must sell! PCSing! Make us an offer! Call Amy X4662.

1989 BP EL I.G. mid-size, A/C power W/L, radio/CD, low mileage, excellent highway car. ITV Nov 2000. \$2500, call 956-81-4938.

1989 FORD FIESTA, two door hatchback, AM/FM cassette, new muffler May 00, very reliable, ITV until May 2001, asking \$1500. Call Henry or Marian 956-82-2322 or jnrota@hotmail.com

1991 FORD MUSTANG LX, automatic transmission, A/C, power windows, cruise control Kenwood CD stereo, power steering and

brakes. Great condition \$4000 call Billie 8-4-1852.

1986 RENAULT TSE 4 doors, new muffler, new ignition, new clutch ITV and insurance good till August 2000. Oil changes every 3000 KM, recent tune-up, extra tires (on rims), too! Asking \$700. Contact Maddalena at 956-82-3932.

1998 MITSUBISHI DIAMANTE. Leather interior, climate control, grey, U.S. specs \$22,000. Call 956-48-0944, serious inquiries only please. Must sell.

1986 RENAULT 9 TSE new muffler, ignition and clutch. Oil changed every 3,000 K.M., runs great! ITV and insurance til Aug 2000, asking \$1000, Call 3932.

1989 RENAULT 19 TXE. A/C, power windows, central locks, power steering, pull out cassette. Recent tires and brakes. Great shape. \$2995, Call X4257, X2860.

PEUGEOT 205, AM/FM/ cassette, radio. ITV good until Sep. \$1350 OBO, Contact Shannon 956-82-4224, 606-14-5120, FAX 956-82-4224.

1992 YAMAHA XJ 600 SECA (diversion), U.S. Specs, all Spanish taxes paid, ITV good till May 2001, insurance good till July 2000, very well kept and maintained, need to sell, asking \$2500, OBO, Call 619-01-2587.

75CC VESPA SCOOTER, good little runner mechanic, says, that the motor is like new \$600. OBO, Call Tim or Karin (H) 956-23-5111, (W) 956-82-3464.

1989 FORD ESCORT Chia-Spanish Specs reliable! Power windows removable stereo \$1200. Call 956-84-0172.

HARLEY DAVIDSON 1200 custom

Spanish registered and tax paid, finest in Andalucia, many extras \$9,000. Firm! Call Bob WK 82-1173 Home 956-81-1748.

SPORT POV RENAULT CLIO. 2 doors, red, air conditioning, stereo radio FM/AM. Motor engine 1.7 liters, in perfect conditions. Call 81-3184 home, 2593 work.

1991 ACURA INTEGRA, burgandy 4 cyl/5 speed AC/PW/PS, AM/FM disk, sunroof, excellent car \$7500 OBO. Call IC1 Parker (w) 2080, (h) 4950.

1984 FORD FIESTA. Good condition. Insurance and ITV good until September. Asking \$900 OBO. Call Gail or leave message at 956-480761.

1989 RENAULT 19 (1400). Great primary or secondary car. In top shape inside and out. A good buy at \$3,000. Call Bob (956) 81-0625 or leave message.

1987 VOLVO 740 GLE STATION WAGON, in top mechanical condition with a new transmission, \$3,000. Call Bob (956) 81-0625 or leave message.

1989 RENAULT 19 (1400), great primary or secondary car, \$3,000. Call Bob (956) 81-0625 or leave message.

WHITE RENAULT SUPER 5 1400; 3 doors, low mileage, mechanic and engine A-1. ITV until 10/01. No problems. \$1,595 or best offer/urgent. Call John @ 956-184304/626/626-314615.

1990 OPEL CORSA. 4dr, 5spd, good 2nd car. Motor recently repaired. Current ITV. \$1,750. Contact Bob 956-840615.

RENAULT SUPER R5. 5 SPD. 4dr. Current ITV. \$1,500. Contact Bob 956-840615.

FOR SALE

TRANSFORMER: 300W custom wired with a grounded extension cord. Perfect for large 110 appliances. Dehumidifier: \$40. Call 956-850044

HEATER ELECTRIC RADIATOR: type 220V, 115W no odor, safe for children. \$60. Call 956-850044

31 PANASONIC NTSC T.V.: \$325 obo call 480944 or 629-03-0577 and leave a message.

HOUSEHOLD GOODS: 220W Toaster Oven \$20. Butano Bottles \$15, Booster car seat \$10, Feeding booster seat \$10 Sega Genesis w/ game \$25. Call Tina 956-857758.

BEAUTIFUL 30X40 OIL-ON-CANVAS PAINTING of the spanish armada in battle Framed by Pachecos. Call to view Will take best offer by 15 June Call Christy at 677-28-4022

HOUSEHOLD ITEMS: 4 comforters, blankets, lg. Matching table lamps, 10 wall prints, ironing board, iron, plates, glasses butano heater w/2 bottles, etc. 965-841938.

HOUSEHOLD GOODS: UMUC books for capp 100L and spanish 334: \$10 each. Kerosene heater \$75 Ab machine and video \$15. Call X 4049

110V MICROWAVE \$25, Battery run baby swing \$15, Large Toddler Stroller \$25, Dining Room/Kitchen Table with two leaves four chairs \$75 call Amy X3232.

FIVE BUTANO HEATERS WITH BOTTLES \$60 ea. Dehumidifier: \$40 Childs Bunk Bed-Twin size on-top full size below \$75. Call Bob X 3815 or 956 87-7332.

HOUSEHOLD GOODS: PCSing! DHUMIDIFIER \$50, Electric Heaters \$10, butano heaters (2 for 50\$) 220V

iron, Transformers (Various sizes) penny per watt call Denise at 956-81-70 info.

FULL ANTIQUE BED: black iron with brass designs, headboard, footboard, 2 brass night tables black marble tops 2 brass candlelra table lamps \$1400 paid \$4000. Call (956)-48-1260.

CHILDREN'S ARTICLES: New blue child bed car shaped "Toys R' us" barely used new mattress sleeps till 5 or 6yrs old \$170 baby changing table, bath \$22. Call 956-481260

RECORD ALBUMS: \$1 each. Light blue laidies golf bag \$25. Stained glass supplies: grinder, soldering iron, sheets of glass, etc. Call 956-81-4876 and leave a message.

BUTANO HEATER WITH BOTTLE AND NEW REGULATOR \$50, Nordic track strength trainer \$50 Nec cell phone \$50 X4594 or X2752.

SATELLITE DISH, RECIEVER AND REMOTE \$185 contact shannon 956 824224, 616 145120 or fax 956-8241212

NAVY BLUE CARPET 12X12 \$75, PINK CARPET FOR GIRLS' ROOM OR BATHROOM \$40, Vaporizer/Humidifier \$20, Dining room with tables/ 4 chairs \$50. (4) Original BMW rims \$100. Oak end table \$20 if interested, contact Cynthia at (w) 3678 or (h) 4839 after 1700.

TWIN BED WITH HEAD BOARD AND PLUSH MATTRESSES never been used \$150. Large 3 ft. indoor rabbit cage \$25. Maternity clothes an uniforms. Call Nikki at 956-81-1221.

HOUSEHOLD GOODS: 2 butano heaters with full bottles and regulators \$80 1 electric heater: 220V \$15.

1 electric heater 220V thermostat and fan \$50. 1 dehumidifier: 115V \$100 Call X 4224.

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HOUSES/APTS

For rent: Very sunny duplex in El Manantial, 2 floors, 4 bedrooms, 2 baths, large furnished kitchen, yard. 90,000 pesetas/mo. Call X1632 or 956-480189.

For rent: Duplex in Rota, garage, 70,000 pesetas. Call 956-814828.

For rent: Apartment with 3 bedrooms, 2 baths, large living room, furnished kitchen and balcony, terrazzo floors, master bedroom has its own bath. Close to the Rota Gate. Owner asking for 80,000-Ptas a month. Call CENTURY 21 Agin 2000 at 956-84-6221. WE RENT HOMES. NO RENTAL FEE.

For rent: House in Cuatro Pinos, safe, quiet neighborhood. 4 bedrooms with closets, 2 full baths, large living-dining room with fireplace, porch, large yard with gardener. 125,000 pesetas/month, community fees included. Commission free. English spoken. Call Eloy at 956-540044 or 689-190243.

Need a house? Lot's of houses to rent; we'll find what you want. No rental fees, no language barrier. We rent, sell and build houses. American management. Your satisfaction is our best publicity. 956-543755 or 610-753503. Call us anytime.

For rent: House in Las Redes in perfect conditions. 4 bedrooms, 2 baths, living-dining room. Large kitchen and large yard. 155,000 pesetas/month. Call 956-850653.

For rent: Furnished duplex in El Manantial, 3 bathrooms, 4 bedrooms, underground parking, central heating, large terrace, balcony. New construction. Owner asking 150,000-Ptas. a month. Negotiable. Call CENTURY 21 Agin 2000 at 956-84-6221. WE RENT HOMES. NO RENTAL FEE.

Apartment overlooking the beach in Fuentebravía for rent. One bedroom, one bath, living/dining room, kitchen, large terrace and garage. 75,000 pesetas/mo. Call

956-850653.

WE HAVE apartments to rent on a month to month basis and in a wide range of monthly rents, sizes and locations. Call CENTURY 21 Agin 2000 at 956-84-6221. WE RENT HOMES. NO RENTAL FEE.

For rent: IN SANLUCAR, 15 minutes drive to Rota. Beautiful and sunny home on the beach. Awesome trees in the yard, 2 bedrooms, porch, furnished kitchen, bath, living room and visiting roof. Owner asking 60,000-Ptas a month. Call CENTURY 21 Agin 2000 at 956-84-6221. WE RENT HOMES. NO RENTAL FEE.

For rent: Unfurnished 3 bedroom apartment 3 minutes from Rota Gate. New construction and never lived in, with parking space. Owner asking for 75,000 Ptas. a month. Call CENTURY 21 Agin 2000 at 956-84-6221. WE RENT HOMES. NO RENTAL FEE.

For sale: Apartment with 4 bedrooms with closets, furnished kitchen, 2 baths, living and dining room, garage with laundry area and drive space. Near the beach and the center of the village. 17,000,000-Ptas. or approx. \$106,250. Financing available for up to 75% of the sale value. Call CENTURY 21 Agin 2000 at 956-84-6221.

For sale: Section of land in La Laguna. 850M², home of 60M² in front of the ocean. One of best places to live in Chipiona. 12,500,000-Ptas. or approx. \$72,674. Financing available for up to 75% of the sale value. Call CENTURY 21 Agin 2000 at 956-84-6221.

For sale: Apartment in Fuentebravía; 2 bedrooms, 1 bath, living/dining room, kitchen and underground parking place. 15,000,000 pesetas. Call 956-850653.

For sale: New construction: apartments and duplexes with private and enclosed garages for sale on San Fernando Avenue. Flexible owner financing. Builder will facilitate down payment. Excellent price. Building time: 16 month. Financing available for up to 75% of the sale value. Call CENTURY 21 at 956-84-6221.

MISCELLANEOUS

For sale: Nortic track ski machine, good condition. Asking \$250. OBO. Call X4245

Summer Jazz Guitar Courses. If you are interested in learning how to play JAZZ, call DJ at 956-81-3746 or leave a message. Any instrument, any level, English/Spanish spoken.

Traveling to Holland? Two museum passes, good for most museums in Holland until May 19th 2001 for sale. Original price 55 guilders each (approx. \$23). Both for \$25. Call Karen at 956-542997 or 607-564132.

TOASTMASTERS! Anyone interested or just curious, please call Jackie 965 81 60 18 or Sherry 956 84 13 30. Meetings are held every Thursday at 19:00 at the NFSC. Walk-ins welcome.

Seamstress: Hems, patches, minor alterations. Fast and affordable. Now on base. Call Laura at X4311.

T.O.P.S. (Take Off Pounds Sensibly), a weight loss support group, meets Monday evenings in the Family Practice Clinic. Weigh in is from 6:30 to 7:00 p.m. and the meeting is held from 7:00 until 8:00 p.m. Call Suzanne for details 956-84-0902 or e-mail at suzadale@arconet.es

Intensive Spanish Courses: All levels - Trinity School. For information, call 956-871926.

Volunteer needed at RAWL to feed, bathe, clean cages, and walk dogs. Call 4000 for more info.

For sale: Complete drum set with cymbals. Call Tony @ 607-600049.

PETS

Beautiful dog free to a good home. 5-year old yellow lab. Spayed wimal with all shots and microchip. Extremely happy, healthy friendly and gentle. Christy 677-28-4022.

Free small gray cat, 2 yrs, shots and neutered with carrier. 956-81-4775 w-2935.

Free black lab mix (female). Already spayed will pay for upcoming rabies vaccination. Very friendly call X5286 or 4091 and leave message.

WANTED

Looking for someone to finish and restore a black wax statue, to fix crystal and porcelain objects. To restore venetian mirrors, **BABY-SITTER:** Looking for responsible teenage sitter. 15-17 yrs, english speaking with transportation for occasional sitting with 5 1/2 year old boy. Has Redes vicinity, with references only. call 956-481260

BABY-SITTER: Must be reliable, flexible, on-base residency required, week-days during normal working hours. Child/infant CPR qualified preferably. Price Negotiable. Call X4757 for more info.

ITALIAN TUTOR: BILLIE 84-1852

Exercise videos. Call X 4245

PRAYER

Prayer to St. Joseph over 1900 years old. Oh St. Joseph whose protection is so great, so strong, so prompt before the Throne of God, I place in you all my interests and desires. Oh, St. Joseph do assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your Heavenly power I may offer my Thanksgiving and Homage to the Loving of Fathers. Oh St. Joseph, I never weary contemplating you and Jesus asleep in your arms. I dare not approach while He reposes near your hear: Press him in my name and kiss His fine Head for me, and ask Him to return the Kiss when I draw my dying breath. St. Joseph, Patron for departing souls, pray for us. *Amen. Say for nine consecutive mornings for anything you may desire. It has seldom been known to fail. Jess López*

EMPLOYMENT OPPORTUNITIES

HRO vacancies

Lead Library Technician. GS-06/07, CLOSES: 15 Jun 00. You may apply at the Human Resources Office, Bldg. 52.

MWR Vacancies

Graphic illustrator, Publicity **Photo journalist,** Publicity **Graphic designer,** Publicity **Program assistant,** CDC **Recreation aide,** Youth Center **Recreation aide,** Auto Hobby **Dining room cashier,** Champions **Bartender,** Champions

In addition MWR is recruiting for the following: US aerobic instructors x2535. Family Child Care Providers x1105, and US craftinstructors x2550.

The MWR department has an emergency hire program for eligible personnel. For more information, please contact x2596/3263.

Vehicles at POV lot

Abalo, C.	Martin, B.A.
Anderson, T.P.	Matthews, S.M.
Ballinger, J.	McElroy, W.K.
Castillo, J.T.	Medaris, J.S.
Escalera, E.	Riordan, T.P.
Fewell, R.C.	Sanchezgil, J.C.
Hassan, H.J.	Skinner, G.S.
Johnson, P.M.	Tonsetic, M.R.
Johnson, B.B.	Young, C.S.
Karver, K.S.	

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NAVSTA defeats Hospital, win soccer championships

JO3 Ricky Allen
Rota Coastline

Tournament time is a totally different atmosphere. The pressure is raised, morale is high, and the thought of losing becomes a fear. Unfortunately, the NAVSTA base soccer team hasn't felt this fear this past season. The NAVSTA base soccer team defeated the Hospital 3-0 Thursday, May 25 to win a second consecutive Captain's Cup within a two-year time period.

NAVSTA set the pace with a goal from Team Captain Macias

from an assist by Duane Jerry of Public Works Self-Help. Macias would soon return the favor and find Jerry with an assist to score to put the team ahead 2-0. Afterwards Macias would score again which would put NAVSTA ahead 3-0.

This would add another victory to "the streak" and would finish the base team's undefeated season. This would be the second consecutive year that the NAVSTA team would finish undefeated. Jerry said they really had to stay focused on their objectives in order to maintain their undefeated position.

"We always came ready to play.

This year we put together a team that was similar to the team we had last year, he said.

Last year's team played a 14 to 16 game season remaining undefeated. Somehow, this year's team would feel the happy feeling of déjà vu. Jerry said the pressure was more tense this year than last year possibly because of the undefeated season.

"This season was without a doubt competitive. Teams heard about our performance last year and came out here ready to play at our level. We really had to play hard to win" Jerry said.

Johnathan Smith of PSD said he also felt the level of performance was raised due to having an undefeated season in the past year as well, but felt it improved the teams performance.

"Everybody played very well. Our communication on the field was essential to our victory. Everybody came this past season with the goal of being undefeated. This made our objectives difficult due to our past record" Smith said.

"There will be a lot of changes in the team roster by next year. It will be a rebuilding year, but it shouldn't effect them at all. I feel that it will just make them better" he said.



photo/JO3 Ricky Allen
The NAVSTA base soccer team ended the season with a perfect record and beat out the Hospital in the championship game.

Standings and Schedules

WOMEN'S LEAGUE SOFTBALL SCHEDULE

THURSDAY JUNE 1

Command	Time
NSGA vs NEMOC	6:00
DENTAL vs VQ-2	7:00

WOMEN'S LEAGUE SOFTBALL SCHEDULE

TUESDAY JUNE 6

Command	Time
VQ-2 vs NEMOC	6:00p.m.
NAVSTA vs DENTAL	7:00p.m.

CAPTAIN'S CUP SOCCER STANDINGS

COMMAND	RECORD
1. NAVSTA	14-0
2. HOSPITAL	11-2-1
3. DGF	8-5-1
4. NSGA	7-5-2
5. VQ-2	6-8
6. MCSF	5-7-2
7. NSWU-10	2-12
8. AMC	3-8-3

Command Fitness Challenge

The Command Fitness Challenge is June 30 at 6:00 p.m. The organizational meeting is scheduled for June 12 at 4:30. The challenge will consist of five different events. One person can participate in one or all events.

MEN'S "A" LEAGUE SOFTBALL SCHEDULE

FRIDAY JUNE 9

Command	Time/Field
NAVSTA vs NCIS	6p.m.(Field 1)
HOSP vs AIMD	7p.m.(Field 1)
NSGA vs VQ 2	6p.m.(Field 3)
AMC vs DENTAL	7p.m.(Field 3)

MEN'S "A" LEAGUE SOFTBALL SCHEDULE

WEDNESDAY JUNE 14

Command	Time/Field
HOSP vs VQ-2	6p.m.(Field 1)
DENTAL vs NAVSTA	7p.m.(Field 1)
NMCB1 vs NCIS	6p.m.(Field 3)
AMC vs AIMD	7p.m.(Field 3)

MEN'S "B" LEAGUE SOFTBALL SCHEDULE

THURSDAY JUNE 8

Command	Time/Field
NCTCAMS vs PWD	6p.m.(Field 1)
AMC vs MSCF	7p.m.(Field 1)
NEMOC vs NSGA	7p.m.(Field 3)

MEN'S "B" LEAGUE SOFTBALL SCHEDULE

TUESDAY JUNE 13

Command	Time/Field
PWD vs NAVSTA	6p.m.(Field 1)
NETCAMS vs AMC	6p.m.(Field 3)
MSCF vs NSGA	7p.m.(Field 3)

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Mini-Triathlon winners announced

Women's Age 20-29

1. Rebecca Ganes
2. Susan Wood
3. Jane Humphrey

Men's Age 20-29

1. Justin Ganes
2. Bryan Johnson
3. Lucas Palomar

Men's Ages 30-39

1. Francisco Cos
2. Pablo Alvarez
3. John Walker

Men's Age 40-49

1. Joaquin Paloma
2. Antonio Villegas

Mens' 50 and over

1. Luis Cabellero

Women's Team Division

1. Auxi Blanco and Cherynn Roswell

Men's Team Division

1. Bobby Clark/Rich Delgado/Chris Lindor
2. Karlton Meadows/ Bob Calzini

Father's Day 5K

The run will be held June 16 at noon outside of the Fitness Center. Call ext. 2563 for more information.

The Minnesota experience: No money, No championship

The Dallas Stars are on their way to repeat as hockey kings of the free world. The LA Lakers are starting yet another dynasty. Two sports, two teams, two champions. Yet, these two teams share a common denominator. They were both professional teams going nowhere fast when they existed in their previous house of Minnesota.

History will show that the LA Lakers were originally the Minneapolis Lakers. (Now you know where Lakers comes from. Minnesota: Land of 10,000 lakes). Only after their move to LA did showtime arrive as well as success. Name a player from the Minneapolis Lakers. Ok, now name players from the LA Lakers. Magic Johnson, Abdul-Jabbar, Worthy.

The Dallas Stars were formally known as the Minnesota Northstars. Not surprisingly, they dropped that "North" part when they went to Dallas. This was a professional hockey team that lay dormant for years in the land of lakes and ice and suddenly found a way to win championships once they moved to warmer weather.

In reality, the Northstars started a trend that other professional hockey teams soon followed. Move south to play hockey. Soon teams sprouted up in California, Florida and in Arizona of all places. Summer camp must be a blast.

Getting back to the original idea of this story. How is it that Minnesota as let two champion-

ship-caliber teams slip from their grips? Was it bad luck or bad management? Those who picked the first choice return to little league practice and we will try again next year. For those who picked bad management, please continue reading.

Both the Lakers and the Northstars suffered from what other professional sports teams from Minnesota still experience, that is lack of money being paid to players. Take a look at the Twins, the only team from Minnesota to actually win a couple of championships despite the tight pockets of their owners.

Their owners, realizing that championship caliber teams mean championship caliber payrolls quickly dismantled those teams and return to the lowest payroll in MLB.

Tradition is more important than a couple of rings. At the beginning of this season, SI summed up the Twins the best when they reported that the players were "just happy to have a spot on a professional team." This is not the type of players that championship dreams are made out of.

The Vikings, ever promising as they may be, have yet to deliver. If the off season is any indication of things to come, we Viking fans will endure yet more broken hearts again next year. I can't wait until the new season when Coach Green starts giving his game plan to the

new team.
Coach Green: Ok, Who's the quarterback, what's the wide receiver and I don't know is the center.
Chris Carter: Coach, who's the quarterback?

Coach Green: That's right.

Chris Carter: What's right.

Coach Green: No, he's the wide receiver...

Anyway, after Jeff George delivered for the first time in his career, he was sent packing just like the Vikings sent Brad Johnson packing after nurturing him into a first rate quarterback. They felt Randall Cunningham was the future and Brad was still wet behind the throwing arm. Last year Brad led the Redskins to success and Randall lead the Vikings to the bar. Not quite the leadership Coach Green was looking for.

Unfortunately, Minnesota is the one team in the NFC Central that took a clear step backwards this offseason, and making the playoffs with second-year player Daunte Culpepper starting at quarterback would be an impressive accomplishment. His professional snaps can be counted on a donut. Now, the Vikings, those ever budget minding people that they are, have let it be known that Culpepper is the quarterback of the future. Is it because he has proven himself to be the man? No,

he has proven himself to be the cheapest. Randall Cunningham wanted his contracted honored so the Vikings suggested he brush back up on his marble cutting skills. Jeff George wanted his due so the Vikings suggested he did not start unpacking and making himself comfortable in Minnesota. Dan Marino asked it they were really serious in wanting him to play, and they responded, "You will fit right in to our system."

Let's see, this is a system that was run by Warren Moon and Randall Cunningham. Yep, I guess Marino would fit right in. Forget about youth and nurturing. That ungrateful Brad Johnson left a bitter taste in their mouth. They want experience and they want it now. If only the Vikings and the Twins would spend some money, they could compete for championships much like their Minnesota's former teams are doing now.

I can't help but to think that the owners are using these teams as tax deductions. Let us fans suffer. Can somebody wake up those Timberwolves and explain this to them?

Sports Talk

with Fred Babb



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